## 4.2 Course – II, Sociology-III, Social Psychology

# **Objectives:**

Human behaviour is so pervasive that it encompasses every activity of man. The subject, Psychology attempts to understand the nature of behaviour and the mental process of human beings. It becomes essential on the part of the law students to understand and apply the knowledge of Psychology in several aspects of legal implications. Hence the basic principles of Psychology are the contents of this course.

#### Course Outcomes:

On successful completion of the course students will be able to:

- 1. To understand the approaches to psychology and its application.
- 2. Analyse interpersonal behavior and interpersonal responses.
- 3. Understand the attitude of the people and the factors influencing such change.

#### **Contents:**

#### **UNIT-I**

Nature of Psychology, Methods of Psychology, approaches to Psychology, contemporary psychology and its application.

#### **UNIT-II**

Perceptual Processes- Principles of perceptual organisation, perceptual selectivity, stimulus and personal factors and their implications- cognitive dissonance- perceiving and judging people.

### **UNIT-III**

Motivation –needs, content and processes- wants, goals and self, primary and secondary motives, theories of motivation, emotions, emotional intelligence.

### **UNIT-IV**

Interpersonal behaviour, interpersonal response traits, characteristics of interpersonal response traits, frustration, self and interpersonal response traits, self esteem, principles of self perception, self regulation and self presentation, interpersonal communication, nonverbal communication, developmental process of personality, deviant behaviour.

### **UNIT-V**

Attitudes, Nature and measurement of attitudes, formation of attitudes, changing of attitudes, factors influencing the change, implications in the present social context.

### **Prescribed Books:**

D.mayers- Introduction to Psychology

Hilgard- Atkinson and Atkinson, Introduction to Psychology.

## **Reference Books:**

Eastwood Atwaters- Psychology for Living. Krech, Crutchfield and Ballachey- An Individual in SocietyFeldman R.S.- Understanding Psychology